

# Androgen Deprivation Therapy Educational Program

Sign-up for your Online Educational Class

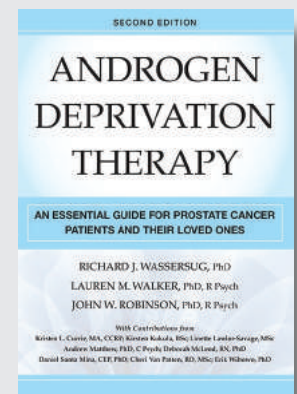


*You and your partner or loved one are invited ...*

to participate in a FREE interactive online educational class for prostate cancer patients starting on androgen deprivation therapy (ADT, aka hormone therapy).

By participating in the class you will:

- Hear what to expect from ADT including side effects (e.g. hot flashes, weight gain, sexual changes, emotional changes)
- Learn specific ways to manage those side effects
- Get strategies for helping you succeed in making lifestyle changes (e.g. exercise)
- Receive a free copy of the book: *Androgen Deprivation Therapy: An Essential Guide for Prostate Cancer Patients and Their Loved Ones, 2nd Ed.*



To register for a class, email: [LifeOnADT@gmail.com](mailto:LifeOnADT@gmail.com)  
Classes are offered once per month. Space is limited.

For more info: [www.LifeOnADT.com](http://www.LifeOnADT.com)