

PROSTATE CANCER STATISTICS



Prostate cancer is the most common cancer among Canadian men.

In 2008 an estimated 24,700 Canadian men will be diagnosed with prostate cancer and 4,300 will die of it. Prostate cancer accounts for about 11% of all cancer deaths in men.

1 in 7 men is expected to develop prostate cancer during his lifetime, mostly after age 60 years. 1 in 27 men will die of prostate cancer.

Age: particularly after 60 years of age when over 80% of cases occur. Prostate cancer is uncommon in men under 50.

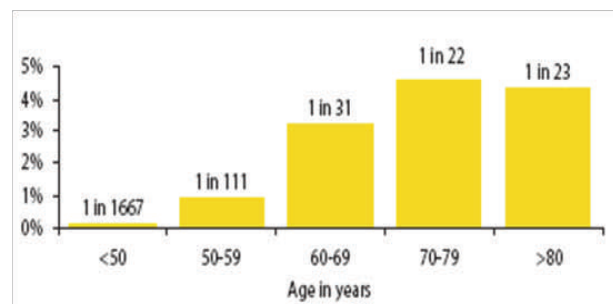
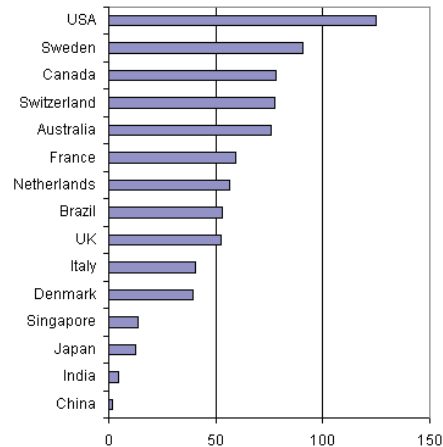
1 in 1667 under 50 years of age.

Over 90% of prostate cancer cases are curable if detected and treated in their earliest stages

A high PSA result does not always mean cancer, other causes are Benign Prostate Hyperplasia, or prostate infection, etc.

Don't wait until it is too late, see your doctor and get checked.

Rates per 100,000 men



Statistics on prostate cancer in men by age.

PROSTATE CANCER AND THE PSA TEST



1 in 1667 under 50 years of age will develop prostate cancer. And I am one of them

John Sowik

MY PROSTATE CANCER STORY

My name is John Sowik I just turned 47 years old on May 17th, and I was recently diagnosed with prostate cancer and I would like to tell men to get the PSA test. My doctor wanted to do some blood work and check my cholesterol, electrolytes, etc. My girlfriend said I should have the doctor do a PSA test also. I hummed and hawed but she was persistent and I finally agreed.

I got a call from my doctor after about five days to come in and see him, I sat down and got the bomb shell, my PSA level was 11, he did a digital exam right there and discovered a nodule on the right side of my prostate. I was then sent to a urologist, he said it was probably cancer, he then he looked me in the eye and said "your girlfriend may have just saved your life, if you went and had the test at 50 or 55 when you are suppose to it may have been way to late".



Elaine and I in the Westcoast Ride to Live

For me there were three options to fight the cancer, one is removal of the prostate, another is external beam radiation, or radioactive seeds placed in the tumor (Brachytherapy). And because of my age, (being so young) the best was the removal of the prostate. The operation was done on April 19th, I was in the hospital for three days and have been at home since recovering.

They biopsied the lymph nodes and surrounding tissue and did not find any evidence of spreading and there were no nodes on the prostate and the cancer looked like it was encapsulated in the prostate. I will have to have PSA tests and see the urologist every three months for one year, then every six months for another two years and once a year after that for the next 2 years. If nothing shows on the PSA test for the five years I will be considered cured.



Elaine, Pedro and I

One family doctor = \$0
Three Urologists = \$0
Numerous ct scans and tests = \$0
Prostate removal surgery = \$0
PSA test = \$30.00
Possibly cured of cancer = priceless

I am now engaged to that woman that may have saved my life and we are getting married July 21st at Minter Gardens in Chilliwack. I proposed to her on Valentines day and was diagnosed three days later and she still stayed by my side throughout my experience with cancer.

To hear the whole story listen to my interview on the Christy Clarke Show on CKNW, go to my youtube channel at

www.youtube.com/jofrso

You may also see the video that I made of the Westcoast Ride to Live that was held on May 30th. The ride is done to raise funds for the Prostate Cancer Foundation BC.